

Hammonton High School Guidance Office

Sophomore Guidelines

1. During the summer you may want to prepare for standardized tests by answering practice questions available on www.collegeboard.com, using study resources, or taking a prep course. See your guidance counselor for information on SAT/ACT prep courses.
2. The PSATs will be given at Hammonton High School in October.
3. Become involved in extra-curricular activities. Refer to the list of student activities in your student handbook to find interests.
4. Build a resume. Prepare a list of extra-curricular involvement including work and activities outside of school.
5. Build strong math, language, and writing skills. Strengthen your vocabulary by increasing your reading.
6. Develop good study habits. Ask for help from teachers or attend the Peer Tutoring Program.
7. Take career interest surveys online to research or confirm career interests.

Career Cluster Inventory: www.njcan.org <https://collegeboard.roadtripnation.com/>

Step 1 - Go to www.njcan.org

Step 2 - Click on the *NJ Resident* tab (Lower Right Side)

Step 3 - Scroll to *Hammonton* and insert zip code *08037*. Click *Sign-In*

Step 4 - Click on *Assessments* tab at top/then click on *Career Cluster Inventory* (Lower Right)

Step 5 - Read Instructions - Click on *Rate the Activities* Tab (Black Tab, Bottom Right)

Step 6 - Rate Each Activity - Complete all 80 activities, click *Results* tab (Red tab, Bottom Right)

Step 7 - Once completed an interest list will appear and students/parents should click each title to reveal median income in New Jersey, education requirements, etc. The areas of interest are arranged from most aligned (top) to least aligned (bottom).

8. Informally survey people you know by inquiring about their vocation. You can ask questions such as: “What do you enjoy most about your work?” “Can you tell me about a typical day?” “How did you prepare for your career?”
9. Research careers, majors, colleges or technical schools. www.mymajors.com
10. Visit colleges or technical schools online to get an idea of what kinds of schools may be of interest to you. Start with www.collegeboard.com or www.njnextstop.org.
11. Check out the required or recommended high school classes that your potential colleges or majors may require.
12. Know the NCAA (National Collegiate Athletic Association) requirements if you want to play sports in college: www.eligibilitycenter.org