

Hammonton High School Guidance Office

Freshman Guidelines

1. Build strong academic, language, mathematics, and critical thinking skills by taking challenging courses.
2. Study hard and get excellent grades. Seek extra help from teachers and attend the Peer Tutoring Program.
3. Strengthen your vocabulary by increasing your reading.
4. Become involved in extra-curricular activities and volunteer.
5. Keep an academic portfolio and a list of extra-curricular involvement including work and activities outside of school.
6. Research career options by taking an interest survey online at the following sites:

www.njcan.org

<https://collegeboard.roadtriplnation.com/>

Step 1 - Go to www.njcan.org

Step 2 - Click on the *NJ Resident* tab (Lower Right Side)

Step 3 – Scroll to *Hammonton* and insert zip code *08037*.

Step 4 – Hover over the *Assessments* tab at top then click on *Career Cluster Inventory* (under What are my interests? In the drop down box)

Step 5 – Read Instructions then click on *Rate the Activities* button (Black Button, Bottom Right)

Step 6 – Rate all 80 activities then click the *Results* button (Red Button, Bottom Right)

Step 7 – Once the survey is completed an interest list will appear. Areas of interest are arranged from most aligned (top) to least aligned (bottom). Click on each area for more information – such as Career Pathways, Helpful Career Skills, suggested High School Classes, Education Requirements, Employment Outlook and more.

7. Research colleges online to get an idea of what schools may be of interest to you. A good place to start is www.collegeboard.com. Check out what high school courses colleges require.
8. Be familiar with the NCAA (National Collegiate Athletic Association) requirements if you want to play sports in college: www.ncaaeligibilitycenter.org