

Hammonton High School Guidance Office

Sophomore Guidelines

1. Research career options by taking an interest survey online at the following sites:

www.njcan.org

<https://collegeboard.roadtripnation.com/>

Step 1 - Go to www.njcan.org

Step 2 - Click on the *NJ Resident* tab (Lower Right Side)

Step 3 – Scroll to *Hammonton* and insert zip code *08037*.

Step 4 – Hover over the *Assessments* tab at top then click on *Career Cluster Inventory* (under What are my interests? In the drop down box)

Step 5 – Read Instructions then click on *Rate the Activities* button (Black Button, Bottom Right)

Step 6 – Rate all 80 activities then click the *Results* button (Red Button, Bottom Right)

Step 7 – Once the survey is completed an interest list will appear. Areas of interest are arranged from most aligned (top) to least aligned (bottom). Click on each area for more information – such as Career Pathways, Helpful Career Skills, suggested High School Classes, Education Requirements, Employment Outlook and more.

2. Spend time with people in your potential career. Ask questions, shadow at a job, and consider part time work or volunteering.
3. Become involved in extra-curricular activities. Refer to the list of student activities in your student handbook. Build a resume. Prepare a list of extra-curricular involvement including work and activities outside of school.
4. Start to prepare for standardized tests by answering practice questions available on www.collegeboard.com, using study resources, or taking a prep course. See your guidance counselor for information on SAT/ACT prep courses.
5. Visit colleges or technical schools online or in person to get an idea of what kinds of schools may be of interest to you. Start with www.collegeboard.com or www.njnextstop.org. Check out the required or recommended high school classes that your potential colleges or majors may require.
6. Know the NCAA (National Collegiate Athletic Association) requirements if you want to play sports in college: www.eligibilitycenter.org